

## **HIGH RISK ACTIVITIES**

Archery  
Broomball (Ice)  
Bouncy Castles  
Canoeing in moving water of grade 1 or less  
Caving (Spelunking)  
Cheerleading (Aerobic)  
Cycling/Mountain Biking  
Diving  
Fencing  
Field Hockey  
Football  
Gymnastics  
Ice Hockey  
Lacrosse (Field, Box)  
Open water swimming  
Ringette (Ice)  
Rugby  
Scuba in a swimming pool  
Skiing (Alpine)/Snowboarding  
Tobogganing, tubing, crazy carpet, bobsledding and sledding (incline of slope is not to be greater than 35°)  
Track and Field - field events; javelin, shot-put, discus, high jump, pole vault  
Triathlon  
Water Polo  
Weightlifting  
Wrestling

and other activities characterized by the criteria described in clause 23 of Administrative Procedure 260 – Off-Site Trips, Excursions and Activities.

Adopted/Revised: JUN 2016/NOV 2019

Reference: Section 1, 6, 11, 31, 32, 33, 52, 53, 196, 197, 222 Education Act  
Guide to Education ECS to Grade 12  
Safety Guidelines for Physical Activity in Alberta Schools  
Safety Guidelines for Secondary Inter-School Athletics in Alberta  
Physical Education Safety Guidelines